

**2018-2019
HARRISBURG CYO GIRLS LEAGUE
Rules Matrix**

	GIRLS				
	Novice	Intermediate II	Junior Varsity	Intermediate I	Varsity
Size of Game Ball	28.5"	28.5"	28.5"	28.5"	28.5"
Length of Quarters	2 20 min halves (running clock) including free throws. Exception: Last 1 min. of each half, timeouts & injury.	2 22 min halves (running clock) including free throws. Exception: Last 1 min. of each half, timeouts & injury.	6 min.	6 min.	6 min.
Length of Halftime	5 min.	5 min.	5 min.	5 min.	5 min.
Length of Overtime	None	3 min (Sudden Death Overtime***)	3 min.	3 min (Sudden Death Overtime***)	3 min.
Time Outs	1 60 sec. 1 30 sec. per half (unused timeouts do not carry over)	3 60 sec. 2 30 sec. 1 extra 60 sec. for each OT period	3 60 sec. 2 30 sec. 1 extra 60 sec. for each OT period	3 60 sec. 2 30 sec. 1 extra 60 sec. for each OT period	3 60 sec. 2 30 sec. 1 extra 60 sec. for each OT period
Full Court Pressure	Restricted from full court press at any time.	No press if leading by 15 points. No press if trailing by 15 points at the 11 minute mark of 2nd half.	No press if leading by 20 points. No press if trailing by 20 points in 4th quarter.	No press if leading by 20 points. No press if trailing by 20 points in 4th quarter.	No press if leading by 20 points. No press if trailing by 20 points in 4th quarter.
Defense*	*Man-to-Man only. NO zone defense or double-teaming outside the key/paint.	Man-to-man only. NO zone defense or double-teaming outside the key/paint. Both Zone or Man-to-Man full court presses allowed	No restrictions	No restrictions	No restrictions
Free Throws	No free throws until 11th foul. (Free thrower may cross over free throw line as part of follow thru provided they start behind it)	1 & 1 on 7th 2 on 10th	1 & 1 on 7th 2 on 10th	1 & 1 on 7th 2 on 10th	1 & 1 on 7th 2 on 10th
Minimum Play	Approximately equal playing time	Approximately equal playing time	N/A	Approximately equal playing time	N/A
Mercy Rule**	Yes 30 points in the 2nd half	Yes 30 points in the 2nd half	Yes 30 points in the 2nd half	Yes 30 points in the 2nd half	Yes 30 points in the 2nd half
Illegal Uniform # Rule	None	None	None	None	None
Coaching Box	Coaches may stand within the confines of the coaching box but will receive a one (1) game suspension for every unsporting technical foul received.	Coaches may stand within the confines of the coaching box but will receive a one (1) game suspension for every unsporting technical foul received.	No	No	No

*Defense (Girls Novice Only): On change of possession in the back court, all defensive players must move back behind the 3-point arc of the offense's front court. Once the ball passes half court, the offense has five (5) seconds to put the ball in play by breaking the plane of the 3-point arc with the ball. If the offense does NOT break the plane immediately following the allotted five (5) seconds, it will result in a violation and the ball will be turned over to the defense.

**Mercy Rule: A running clock will be instituted once a team is ahead by 30 points in the 2nd half. The clock will run continuously for the remainder of the game except for an official's timeout, a team-charged timeout, the end of a period, injured player, disqualified player and during free-throw administration.

***Sudden Death Overtime: The game ends immediately once a team scores in the Overtime period